



GROUP EXERCISE FREE TRIAL



Pinnacle Athletic Club invites you to sample our exciting new schedule of classes. Bring your friends! Coupon available at the front desk or on the website.*

Zumba with Maria

Sat. 9:30 am

Wed. 5:30 pm

Offer good Feb 1 - March 1, 2010

Pilates with Tamaey

Wed. 4:30 pm

Offer good Feb 1 - March 1, 2010

Power Step with Tamaey

Mon. 9:00 am

Fri. 9:00 am

Offer good Feb 1 - March 1, 2010

Strength Class with Chris

Sat. 7:30 am

Wed. 9:00 am

Offer good Feb 1 - March 1, 2010

Pilates with Cathy

Wed. 10:00 am

Fri. 10:00 am

Offer good Feb 1 - March 1, 2010

Pilates with Lori

Sat. 10:30 am

Mon. 10:00 am

Offer good Feb 1 - March 1, 2010

Spin with Alicia

Wed. 9:00 am

Fri. 9:00 am

Offer good Feb 1 - March 1, 2010

Yoga with Helene

Tues. 6:30 pm

Offer good Feb 1 - March 1, 2010

*Limit: Each coupon on this page may be used once per person OR bring five friends and win a week of Unlimited Classes!

